



### The RAHC Introduction to Remote Health Practice Program (online)

RAHC has developed a suite of online clinical training modules designed especially for Health Professionals working in remote Indigenous communities in the Northern Territory (NT). The RAHC Introduction to Remote Health Practice Program (online) has been developed as a training resource to provide timely, high quality, orientation and learning materials for Health Professionals preparing to work in remote health clinics and services.

#### Who can take part?

Health Professionals with an interest in remote and/or Indigenous health are encouraged to undertake this program, especially those already involved with - or considering joining - RAHC.

#### Continuing Professional Development (CPD)

Modules have been developed to meet criteria for Continuing Professional Development (CPD) programs with:

- Royal Australian College of General Practitioners (RACGP)
- Australian College of Rural and Remote Medicine (ACRRM)
- Optometry Board of Australia (OBA)
- Australian Primary Health Care Nurses Association (APNA)
- Australasian Society for HIV Medicine (ASHM)
- Australasian College of Dermatologists (ACD)

Appropriate points will be awarded as determined by each respective college.

#### How to get involved

To access the suite of online clinical training modules please visit [www.rahc.com.au/eLearning](http://www.rahc.com.au/eLearning)

#### About the modules

##### Module 1 - Introduction to Indigenous Health

1 hour. An introductory-level outline of the key issues relevant to the health and wellbeing of Indigenous Australians.

##### Module 2 - Communication and Education

2 hours. Identifies culturally appropriate methods of obtaining and interpreting information for clinical diagnosis and care.

##### Module 3 - Chronic Conditions Management

2 hours. Develop the skills, knowledge and understanding required for the management of patients with chronic conditions within remote settings.

##### Module 4 - Mental Health

1 hour. Addresses the general principles of mental health in remote Indigenous communities, treatment modalities as well as emergency mental health management.

##### Module 5 - Paediatrics

2 hours. A brief, general overview of common health related issues relevant for the care of children living in remote Indigenous communities.

##### Module 6 - Maternity

2 hours. Covers potential complications, both of pregnancy and the birth process, including conditions for which more specialised medical assessment and treatment may be required.

##### Module 7 - Major Incident Management

1 hour. Explores the impact of working with multiple casualties in a remote setting.

##### Module 8 - Managing Medical Emergencies

2 hours. Identifies core principles for the assessment and management of emergency care across a range of emergency presentations.

##### Module 9 - Trachoma

2 hours. An overview of key elements addressing the assessment, screening, diagnosis and management of Trachoma.

##### Module 10 - Ear and Hearing Health

2 hours. Provides an overview of key elements addressing ear and hearing health in primary health care services for Indigenous people, with a particular focus on issues relevant to ear health within remote communities - assessment, treatment and referral pathways.

##### Module 11 - Oral Health

1.5 hours. Addresses key elements of oral health service delivery in the remote Northern Territory focusing on early recognition of oral health issues in order to institute timely treatment, management and referral.

##### Module 12 - Eye Care

2 hours. Reviews guidelines for routine eye and vision assessments performed in the course of primary health care checks for Indigenous people (Adult Health Check, Child Health Check, Chronic Disease Management Plan). Includes referral pathways resulting from these primary eye and vision care assessments.

##### Module 13 - Eye Health and Diabetes

1 hour. Provides an understanding of specific modifiable risk factors for diabetic retinopathy, the steps to assessment, clinical grading, diagnosis and referral for diabetic retinopathy.

##### Module 14 - Managing Scabies and Crusted Scabies

1.5 hours. Provides an overview to recognise the signs and symptoms of scabies, crusted scabies and skin sores, to know the mite and the epidemiology of scabies, and to understand best-practice treatment and management.

##### Module 15 - Sexual Health in a Primary Healthcare Setting

2.5 hours. Provides an orientation to STI/BBV testing and management of people living in remote communities. Provide an overview of the importance of integrating sexual health care into everyday practice and best practice in STI/BBV testing, treatment and management.

**Get involved**  
**rahc.com.au**  
**1300 697 242**

The Remote Area Health Corps (RAHC) was established in 2008 and is funded by the Australian Government Department of Health under The Indigenous Australians' Health Programme: Stronger Futures Northern Territory to "address persistent challenges to accessing primary healthcare services for Aboriginal and Torres Strait people in the Northern Territory".

RAHC places General Practitioners, Registered Nurses, Oral and Allied Health Professionals in remote Indigenous communities throughout the Territory. RAHC seeks to strengthen health workforce activities with the objective of contributing to the improved health and wellbeing of Indigenous children, young people and families by supplementing the efforts of the health services in the Territory.